

# Your New Rabbit

## Mental Health

### Mental Stimulation:

Without mental stimulation rabbits can become destructive. If they are confined to a cage without enrichment, they will live a shorter, unhappy life. Rabbits like other pets enjoy exploring and interacting with new things and people. Rabbits need things to climb on, crawl under, hop on and around, dig into, and chew on.

### Physical Exercise:

Time outside of the cage is 100% necessary for rabbits. A rabbit should spend at least an hour if not significantly more time exploring and playing. Without this special time outside the cage a rabbit may become depressed or overweight.

### Good Bunny Toys:

Paper Bags

Toilet paper or paper towel rolls

Untreated wood to chew on

Toys with ramps and lookouts

Plastic baby toys

Cardboard Boxes

A phone book for shredding

Towels for borrowing

Cat toys to be rolled or tossed

Toddler jungle gyms

### Rabbit Proofing Your Play Space:

Rabbit proofing will both help your rabbit live a safe life and prevent you from destruction of your property by your new pet.

\*Rabbits WILL chew electrical cords, some stores sell a commercial product called spiral cable wrap that can be wrapped around cords to protect your rabbit. Plastic tubing will also work.

\*Keep houseplants out of reach unless you have confirmed it is non-toxic and you intend the rabbit to chew on them.

\*Rabbits may chew baseboards, furniture, and anything else within reach.

Supervise and provide alternative toys and chew items. If the rabbit insists on chewing inappropriate items block them off with cardboard.